Michael came to Peak Vista with a serious medical issue: an arteriovenous malformation (AVM) on his spine. AVM is an abnormal tangle of blood vessels which disrupts normal blood flow and oxygen circulation. Left untreated, AVM may lead to spinal cord damage and progressive disability.

Michael had lived with the complications from this health issue since 2017 when he had suffered a spinal hemorrhage while attending school at Hutchinson Community College in Hutchinson, KS. Though he was able to complete his education, Michael was unable to work due to his deteriorating health. The AVM restricted his ability to move his arms and legs. In 2018, he moved to Colorado Springs and was referred to Peak Vista by the assisted living facility where he lived. “That was the start of a whole new life for me,” he states.

Under the care of Brett Whetstine, P.A.-C., Michael connected with community resources that enabled him to have spinal surgery in 2018 to remove the AVM. “Brett Whetstine has held my hand through multiple procedures and has understood my medical needs. My Care Team at Peak Vista has helped me get the rehabilitative services I need to get me going in the right direction.”

The Peak Vista Care Team has worked with multiple organizations to help Michael receive the specialty care, rehabilitative services, physical therapy and other tools he needs to help him live an independent life. He is now able to live on his own in an apartment.

“Having a team that is there for me in any way, shape or form has been essential. I have been going to Peak Vista and seeing Brett Whetstine every 3 months for years and it has been a pleasure. Peak Vista stepped up to the plate for my health care and has hit many home runs for me. I do not know how to say thank you enough.”

FLU PREVENTION

Each year, thousands of children become sick with the flu, which can cause upheaval to their routine, such as missed school days and activities. All children from 6 months of age to 18 years can benefit from an annual flu immunization. With your help, Peak Vista was able to take an active role in illness prevention and provide several immunization clinics for children throughout the Pikes Peak and East Central regions.
On behalf of Peak Vista, thank you for your partnership with us. The holiday season is an excellent opportunity to reflect on the successes of the past year while also looking forward to opportunities in the rapidly approaching New Year.

In 2019, we celebrated many accomplishments as an organization, including the opening of our Health Center at Jet Wing. This new location has been an asset in creating close, accessible health care for the Southeast community. Peak Vista is also excited about our new access point, Family Health Center at Mitchell High School. Additional information is included in this newsletter.

As we wrap up the last month of 2019, I am in awe of the internal efforts made by Peak Vista staff. On Giving Tuesday, our staff organized an employee giving campaign and raised over $2,000 in new toys for our three Well-Child Waiting areas, that offer free childcare to patients during their appointments.

Peak Vista would not be able to grow without YOU, our community partners. We rely on partners and friends like you, and we are grateful for every generous contribution to our mission. Your contributions ensure a happy and healthy new year for those we serve and I hope you will join us in this effort by making a year-end donation. I promise you - your donation will help change a life.

Thank you for your continued support of Peak Vista. As we conclude another decade and approach our 50th year of serving our communities, I reflect on our success and I continue to be humbled by the generous and unwavering support of donors like you. With your help, we can continue to improve the lives of our neighbors.

Best wishes for a safe and happy holiday season and a prosperous New Year.

Providing exceptional health care to people facing access barriers through clinical programs and education.

PEAK VISTA ESTABLISHES NEW COMMUNITY-BASED HEALTH CENTER!

Peak Vista Community Health Centers (Peak Vista) in partnership with Colorado Springs School District 11 is establishing a new primary health care facility in Southeast Colorado Springs on the Mitchell High School campus.

The health center will provide comprehensive primary medical and dental care with integrated behavioral health services. The repurposing and renovation of nearly 5,000 square-feet on the Mitchell High School campus began this Summer. Our Outreach and Enrollment Services department have been available onsite to answer questions regarding becoming a patient, the enrollment process, help with online Medicaid applications, setting up appointments and arranging screenings for sliding scale discounts. All additional services will be available on Monday, January 6, 2020!

For more information, please go to https://www.peakvista.org/locations/mitchell-high-school.

A MESSAGE FROM OUR CEO, PAM MCMANUS
PEAK VISTA HOSTS OPEN HOUSE WITHIN THE SOUTHEAST COMMUNITY!

Peak Vista Community Health Centers (Peak Vista) opened a new access point for care in February 2019 as the result of the increased demand and need for integrated health services in Southeast Colorado Springs. For several months, remodeling of the building took place in order to properly house six medical providers, two dental providers, two behavioral health providers, enrollment services and clinical teams. The new Health Center at Jet Wing occupies nearly 14,000 square-feet of the 30,000 square-foot building and opened at full capacity October 28, 2019.

On Saturday, November 2, 2019 Peak Vista hosted a community open house and invited patients, nearby residents, community members and partners for tours of the health center, games, food and fun!

2019 BREAKFAST OF CHAMPIONS®

Nearly 700 guests attended Peak Vista’s 15th annual Breakfast of Champions® on Thursday, October 24, 2019, in support of Peak Vista’s mission ‘to provide exceptional health care to people facing access barriers through clinical programs and education’. Four time Olympic Gold Medalist Lisa Leslie served as Keynote Speaker, sharing her inspiring story of how she became a world-renowned women’s basketball legend, as well as her passion for access to health care.

The date for Peak Vista’s 16th annual Breakfast of Champions® will be revealed soon! Stay tuned for more information and who our next inspiring Keynote Gold Medalist speaker will be.

Some amazing pictures were captured at the VIP Reception and Breakfast. Below are the links to access the photos as well as a password. You may download these FREE of charge!

https://tinyurl.com/BOC2019Photos
https://tinyurl.com/BOC2019PhotosAdd-l
Password: peakv2019

I am part of the mission. Count me in!

1. □ $100  □ $250  □ $500  □ $750  □ $1,000  □ Surprise us!
2. □ Check enclosed, payable to Peak Vista Community Health Centers
   □ Charge my credit card:  ○ Visa  ○ Mastercard  ○ Discover
   Card #: ________________________________  Exp:_____/ _____  CVV Code:________
   Name on card: ___________________________________________________________________
3. □ For recognition purposes, my/our name(s) should appear as:
   ○ Anonymous  ○ Print name:______________________________________________________

PLEASE SEE BACK FOR MORE GIVING OPTIONS

Pictured from left to right: Bill Sanden, Dr. Robin Johnson, Victoria Stone, Lisa Leslie, Dr. Pam Taylor, Ted Maynard, Bob Duran
BREAKFAST OF CHAMPIONS® is a registered trademark of General Mills, Inc. and is used with permission.
WAYS TO GIVE

AmazonSmile is a simple and automatic way for you to donate to Peak Vista without any additional charges. You will find the exact same low prices and vast selection but with the added bonus that Amazon will donate 0.5% of your purchase to Peak Vista!

Once you have visited smile.amazon.com, search for Peak Vista Community Health Centers and select Ambulatory Health Center, Community Clinic. Thank you for your continued support!

You can text to donate!
1. Text “PeakVista” to 444999.
2. Follow the prompts to donate.
*Standard message/data rates apply

WE’RE GOING GREEN!
Send your preferred email address to development@peakvista.org to continue receiving our newsletter.

We’d love to hear from you!
To contact the Development department, e-mail us at Development@peakvista.org or call (719) 344-6605.

Special thanks to our Newsletter Sponsor, Shandy Clinic!

I am part of the mission. Count me in!

4. **Invest through El Paso County Enterprise Zone**
   Your gift may qualify for a 25% Colorado State tax credit in addition to traditional tax deductions for your gift of **$50 or more**. Make check payable to El Paso County Enterprise Zone. Designate “Peak Vista Community Health Centers” and provide the last 4 digits of your social security number on the memo line, and return in this envelope.

5. □ Please contact me concerning the Legacy of Care Circle.
   E-mail:__________________________

Thank you for being part of our mission.